

FRANGIPANI SPA

Daily from 10am to 9pm



INDULGE YOUR SENSES

Renew your skin, indulge your senses and immerse yourself in an oasis of holistic healing at the Frangipani Spa. Our philosophy is to create a one of a kind treatment for you, using local ingredients to relax the body, nourish the skin and clear the mind. Whether it's a rehydrating facial, exfoliating body scrub or gentle yet firm massage, each and every experience begins with a traditional "Mingalabar" foot ritual and concludes with a soft awakening from a sensory dream through the fragrant world of Myanmar made essentials oils and salts.

OUR SIGNATURE RITUAL

Traditional Myanmar Thanakha Facial

Cleanse purify and nurture your skin with this traditional treatment comprising of a yoghurt and honey cleanser, cucumber and carrot toner and gentle sugar-based exfoliation. The highlight is the application of Thanaka, a powerful beauty ingredient derived from a yellow bark grown throughout Myanmar. Thanaka has long been used by Myanmar women to smooth and rebalance their skin and as an effective sun protector. Includes a soothing facial oil massage to lift and tone your skin. Depart with a smooth and glowing complexion.

60min-47\$ 120min-87\$

All prices are in USD and not inclusive of government tax and service charge. Payment in other currencies will be accepted at the prevailing resort rates.

TREATMENT MENU

A TASTE OF MYANMAR

Myanmar Traditional Massage

This oil-free therapeutic massage consists of techniques passed down over generations through healers and practitioners. Our local therapists blend gentle stretches with firm thumb and palm pressure to induce calm and wellbeing. Concludes with a nurturing head and scalp massage. Surrender and allow any tension to melt away.

60min- 43\$

90min - 60\$

MASSAGE & REFLEXOLOGY

Aromatherapy Wellbeing Massage

This full body and deeply relaxing massage is designed to awaken the senses and restores you to balance. Delivered with a blend of therapeutic pure essential oils extracted from plants, leaves, flowers and herbs to create all over wellbeing. Select from four nourishing blends of Good Energy, De-Stress, Relaxation and Muscle-Ease.

60min- 50\$

90min - 65\$

120min - 90\$

Holistic Back Massage

A stress-relieving massage therapy designed to release any tension held in your lower back, shoulder and neck area. Through loosening up the tight muscles, circulation is improved that in turn oxygenates the blood and nourishes the body. Depart feeling more energized and invigorated.

30min-25\$

60min-43\$

Foot & Leg Reflexology

Through the gentle pressing of the reflex points located on your feet and lower legs, blockages are released that in turn allows energy to flow through and nourish your body. Recline, relax and enjoy our tea ritual as our skillful therapists work to restore your being to balance.

30min-25\$

60min-43\$

Jet lag Recovery

Unwind and return to equilibrium through this treatment designed to relieve the symptoms of jet lag including fatigue and sleep disorder. Consists of a deeply relaxing foot and leg massage combined with a nurturing head, scalp and shoulder massage therapy. Concludes with a calming tea ritual. Depart feeling rested in mind and body.

60min- 43\$

BODY RITUALS

Detox Coffee Sea Salt Body Scrub with Massage

This full body deeply aromatic scrub is created from organic coffee grown and harvested in Northern Myanmar. The combination of antioxidant rich coffee with pure sea salt will stimulate circulation that in turn helps flush out toxins from your body. Results in smoother, toned and firmer skin. Includes a back, neck and shoulder massage.

60min-45\$

Coconut + Sea Salt Body Glow with Massage

During this full body cleansing treatment our therapist will gently exfoliate your skin with a scrub curated from a blend of pure virgin coconut oil and mineral rich sea salt. This is followed by a 30-minute gentle oil massage to soothe and nurture. Results include smooth, hydrated and nourished skin. Depart feeling fresh and renewed.

60min-43\$

COUPLES TREATMENTS

Romantic Ritual for Two

Coconut Sea Salt Body Scrub
Couples Aromatherapy Wellbeing Massage

120min-175\$

MASSAGE ENHANCEMENTS

Upgrade Your Experience

Select one of these nourishing boosters:

Foot & Leg Reflexology

Mini-Facial with Scalp Massage

Holistic Back Massage

30min - 25\$

SPA PACKAGES

Wellbeing Retreats

Select from our collection of two to five day retreats, and co-create a holistic experience tailored to your needs.

2 day -85\$

3 day -125\$

4 day -165\$

5 day -210\$